

National Irish Safety Organisation

Update!



*NISO is a not-for-profit voluntary body,
dedicated to the promotion of health
and safety in Irish workplaces*

SPRING 2016



Features:
Effective Safety Training
Safety Quiz Results
NISO AGM

National Irish Safety Organisation

Update!

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NISO President Reports

This is my first editorial as president of NISO, having been elected by the executive committee during their first meeting following the national AGM on 16 April. I wish to express my appreciation to my fellow executive members for placing their confidence in me to lead NISO over the next two years. I consider it a great honour and will do all I can to promote NISO and our aim of pursuing the highest standards of safety, health and welfare in all workplaces.

I want to express my gratitude to former NISO president Pauric Corrigan and former vice president Bill Kelly who have stood down from their roles within NISO. I have worked very closely with them both over the last eight years and under their stewardship we have resolved the issues which threatened the very existence of NISO in 2008. They can be very proud of their contribution to NISO. I am delighted that Pauric and Bill will continue to work within the NISO family.

I welcome Michael O'Neill to his new role as vice president and Fergal McKevitt as secretary and look forward to working with them, Des our treasurer, the executive committee, regional committees and the office staff.

In compliance with the Companies Act 2014, NISO

adopted a new constitution at an EGM held on 16 April. This constitution replaces our former memorandum and articles of association.

Plans are gathering pace for this year's Annual Conference, the theme of which will be on the health of our workforce. The conference will be held on 7 October in Killarney.

All Ireland Safety Awards

We are currently receiving entries for this year's All Ireland Safety Awards. This year marks the 25th occasion of these awards so get your entry in as soon as possible. Last year's All Ireland Safety Awards took place in Galway at which the Supreme Safety Award, sponsored by Phillips 66, was won by Sierra Support Services Group. The Supreme Safety Award is presented to the organisation which has shown consistently good or continuously improving health and safety performance over a number of years and an outstanding contribution to occupational safety, health and welfare during the previous year.

All Ireland Safety Quiz

The 43rd All Ireland Occupational Safety Quiz finals, run jointly by National Irish Safety Organisation (NISO) and Northern Ireland Safety Group (NISG), were held in Athlone on 16 April. Thermo King – Ingersoll Rand, Galway, were the overall winners in the Previous



Harry Galvin, president, National Irish Safety Organisation

Entrants category and M + W Group, Dublin, were the winners of the Novice category. Congratulations to both winning teams and also to all the participating teams. Your participation in events such as the All Ireland Safety Quiz positively contributes to creating a safety culture within your workplace.

According to the official figures for 2015, 56 individuals lost their lives during this year. This means more than one person lost their life every week by simply going to work and this alarming trend is continuing so far this year. I hope we can work together to reduce the above figures and the injuries sustained in the course of normal working life.

Stay safe.

Harry Galvin
president, National Irish Safety Organisation.

New workers four times more likely to have an accident

The Health and Safety Authority (HSA) launched a campaign in March 2016 aimed at reducing accidents involving new and inexperienced workers.

A recent HSA/ESRI study of workplace accidents showed that workers are four times more likely to suffer a workplace accident in the first six months of a new job. The study found that new workers were at much higher risk due to a lack of training and supervision, a reluctance to question instructions, a lack of safety knowledge and increased workload.

The risk of injury decreases with age and experience due to lower risk-taking and a reduction in the involvement of manual tasks.

Martin O'Halloran, Chief Executive of the Health and Safety Authority, said that employers should be aware that new recruits are a vulnerable group.

"It is vital that new workers are given adequate training and supervision. This means showing a person the correct way of doing a task and making sure that they

can carry out the task correctly and safely.

"This is particularly important in sectors like construction and agriculture where hazards such as machinery, work at height and manual-handling are common."

Source: hsa.ie



Switch on to vehicle risk management in the workplace



Up to the 31 December 2015, there were 21 work related vehicle deaths reported to the Health and Safety Authority (HSA). This represents 41% of reported deaths at work in 2015. In 2014, approximately one quarter of all fatal and serious road collisions involved at least one person working.

The three sectors worst affected by work related vehicle deaths in 2015 were Agriculture [6], Construction [4] and Transport and Storage [3]. The HSA program of work for 2016 will involve an evidence led, targeted program of interventions for the sectors and work activities associated with highest vehicle death and injury rates.

The HSA urges all employers and employees to switch on to vehicle risk management in the workplace and on the road and implement some simple steps to help stop the unacceptably high levels of vehicle related harm for Irish workplaces, such as:

1. Make work related vehicle safety a priority topic for your business in 2016.
2. Appoint a responsible person for

vehicle risk management in your business.

3. Inform yourself about common vehicle related risks relevant to your business. Visit www.vehiclesatwork.ie for more information.
4. Develop a vehicle risk management policy for all vehicle related activities in the workplace. This includes not only vehicles operated by you and your employees but also visiting vehicles that need to be managed and controlled.
5. Carry out necessary risk assessments to fully identify, understand and measure the level of risk exposure in your business.
6. Inform, instruct and train all employees how to work safely when working with, on, or around vehicles. Often, those killed and injured by vehicles are not driving them, but working on, near or around them.

For further information on vehicle safety visit hsa.ie.

If you have any health and safety ideas, experiences, stories or tips that you would like to share with NISO Update readers, we would love to hear from you! Please send an email expressing your interest in contributing to NISO Update to Geraldine at gbrady@niso.ie.

Risk of explosion during removal of split rim/multi-piece wheels from vehicles

Following a recent incident, the Health and Safety Authority (HSA) has issued an urgent warning to owners, plant operators and tyre fitters with regard to the handling and repair of multi-piece or split rim wheels.

Split rims are multi-piece wheels, where the tyre is held in place by a locking ring. This type of wheel configuration is commonly associated with lorries, tractors, forklifts, and other heavy vehicles used in the construction and mining sectors.

A failure to put in place the necessary safety control measures when working with split rim and multi-piece wheels can give rise to serious hazards, as there is a risk of failure of the multi-piece wheels.

Failure of multi-piece (split rim) wheels can result in violent separation, the explosive release of high pressure air and the ejection of component parts. The rapid release of explosive force from a ruptured tyre / tube or violent separation of the component parts of the wheel can result in serious injuries including fatalities.

When removing split rim or multi-piece wheels from your vehicle:

- Use a safe system of work.
- Before beginning any work on a multi-piece rim, inspect the tyre and wheel assembly for damage or incorrectly fitted parts. If there is damage or incorrectly fitting parts it may be necessary to put additional control measures in place.

- Divided or split wheels should always be fully deflated before removal from the vehicle. It is best practice in all situations to deflate pneumatic tyres prior to beginning removal of the wheels from the vehicle in order to reduce or eliminate the risk of explosion.
- Deflate the tyres, both tyres in a dual assembly, by removing the valve core. Ensure the tyre is completely deflated before removing the wheel from the axle.
- Limit exposure to the danger / trajectory zone until the tyre is deflated. Stand to the side and out of the way in case of a sudden disassembly.

Please visit hsa.ie for further information.

EU-OSHA 2016–17 Campaign: Healthy Workplaces for All Ages

Safe and Healthy working conditions throughout the whole working life are good for workers, business and society as a whole. This is the main message of the 2016–2017 Healthy Workplaces campaign. The four key campaign objectives are:

1. promoting sustainable work and healthy ageing from the start of the working life;
2. preventing health problems throughout the working life;
3. providing ways for employers and workers to manage occupational safety and health in the context of an ageing workforce;
4. and encouraging the exchange of information and practice.

This campaign comes at a time when the European workforce is ageing and as retirement ages rise, working lives are likely to become longer.

Get Involved:

Individuals and organisation of all sizes and sectors are encouraged to:

- pass on campaign materials;
- organise activities and events;
- use the age management tools;
- take part in the Healthy Workplaces Good Practice Awards;
- join the European Weeks for Safety and Health and Work of 2016 and 2017;
- become an official or national campaign partner;
- follow the campaign on Facebook, Twitter, LinkedIn and other social media.

Visit osha.europa.eu/en for campaign material and updates.

Healthy Workplaces Good Practice Awards 2016–17

The Healthy Workplaces Good Practice Awards 2016–2017 are now open for nominations. As part of the Healthy Workplaces for All Ages campaign, the European Agency for Safety and Health at Work (EU-OSHA) wants to hear from your company/organisation if you are actively managing safety and health at work in the context of an ageing workforce and promoting sustainable working lives.

For further information, please contact Annette Slater at the Health and Safety Authority, Ireland's National Focal Point, on 01 7997800 or email annette_slater@hsa.ie.



Injuries Board 2015 Annual Review

The Injuries Board has published its 2015 annual overview which shows that 33,561 new personal injury claims were submitted to the Board last year. The 6% increase in new claims – compared to 31,576 claims in 2014 – reflects increased economic and social activity and is not unexpected given there are more people at work, higher traffic volumes and higher footfall in public areas.

Employer liability awards accounted for 8% of total awards last year. While Employer Liability awards have typically attracted the highest average award value in recent years, in 2015 the average award for a workplace claim reduced by 3% to €31,267 (2014: €32,134).

Key statistics for 2015:

- The Board made 11,734 personal injury awards and delivered €268.4 million in compensation.
- €78 million in savings were achieved by the Injuries Board model on the cost of delivering these awards.

- Awards for motor accidents continued to account for 3 out of 4 awards in 2015. The average motor award value in 2015 marginally increased by 1% to €21,470 (2014: €21,215). Motor awards continued to be the lowest average award value of all three claims categories.

- Public liability awards, for injuries resulting from accidents in public places, made up 17% of total awards in 2015, with a 2% increase in the average award to €25,213 (2014: €24,677).

- The average award processing timeline was steady at 7 months last year. The statutory processing timeline is 9 months.

- Counties Limerick, Longford and Louth recorded the highest volume of awards on a per-head-of-population basis.

- Counties Kilkenny, Wexford and Wicklow recorded the lowest volume of awards on a per-head-of-population basis.

Conor O'Brien, Chief Executive of the Injuries Board, stated: "The Injuries Board continues to offer the lowest cost, most efficient and timely model for assessing significant volumes of personal injury cases. Last year alone the Board's nonadversarial model delivered direct savings of almost €80 million and claim processing costs are now at their lowest ever level of 6.5%. The comparable cost of processing cases in litigation can be up to 60% of the compensation awarded. The more cases that can be processed through the Board without the need for litigation, the greater the impact on claim costs."

Source: www.injuriesboard.ie.

AGM of NISO Midland Branch, Creggan Court Hotel, Athlone



John Flanagan, chairperson, NISO Midland region, and Pauric Corrigan, former NISO president, presenting Trevor Bradley BSc, with a NISO cup in recognition for graduating first in his class from the BSc in EHS Management course, Athlone Institute of Technology, 2015.



NISO Midland Region AGM, 9 December 2015, held at the Creggan Court Hotel, Athlone.

L to R: Mary Rooney, secretary, NISO Midland and EHS specialist, Abbott, Longford; John Henson, PRO NISO Midland and HB Safety, Athlone; Bertie Guinan, treasurer, NISO Midland; John Flanagan, chairperson, NISO Midland; Trevor Bradley BSc, safety officer, BNM; Pauric Corrigan, former president, NISO; Gerry Brennan, committee member, NISO Midland and safety officer, BNM; Chris McCormack, vice chairperson, NISO Midland and lecturer, AIT.



Dates for your Diary

All Ireland Safety Awards

Deadline for entries:
Standard: 6 May 2016

Annual NISO Health and Safety Conference and Trade Exhibition

The Malton Hotel,
Killarney, Co. Kerry
7 October

NISO/NISG All Ireland Safety Awards Gala Dinner

The Malton Hotel,
Killarney, Co. Kerry
7 October

HSA launch Programme of Work 2016 and Strategy Statement 2016–2018

The Health and Safety Authority (HSA) issued its Programme of Work for 2016 and its Strategy Statement for 2016–2018 earlier this year.

Strategy Statement

The HSA's strategy for the period 2016–2018 sets out five strategic priorities:

1. Health: Increase the focus on work-related health risks.
2. Safety: Maintain and develop the advances achieved in the management of work related safety risks.
3. Chemicals: Focus on the risks to human health and safety arising from chemicals used at work and by the general public.
4. Accreditation: Provide an impartial, internationally recognised accreditation service, responsive to marked demands throughout the Irish National Accreditation Board.
5. How we work: Continue to change and transform the way we work.

The HSA's expected outcomes from the strategy include:

- Reduced rates of work-related deaths, injuries and ill health.
- Employers actively engaged in managing occupational health and wellbeing.
- Workers are actively engaged in protecting themselves and their colleagues at work.

The HSA's programme of work for 2016 intends to deliver on these strategic priorities.

Programme of Work

The specific programmes which will remain at the forefront of the HSA's activities in 2016 are:

- Agriculture
- Construction
- Healthcare
- Chemicals – in particular areas such as COMAH, consumer awareness and market surveillance
- Work-related vehicle safety
- Occupational health
- Inspection, investigation and enforcement, up to and including prosecution
- Provision of the national accreditation service

The HSA intends to carry out 11,165 inspections in 2016, representing a 7% reduction on the 2015 inspections target. The highest number of inspections will take place in construction (3,800 – increase of 650 on 2015); agriculture (2,300 – no change on 2015); manufacturing (700 – no change) and healthcare (500).

To read the Programme of Work and Strategy Statement in full, visit hsa.ie.



EU-ETUC campaign against workplace cancer

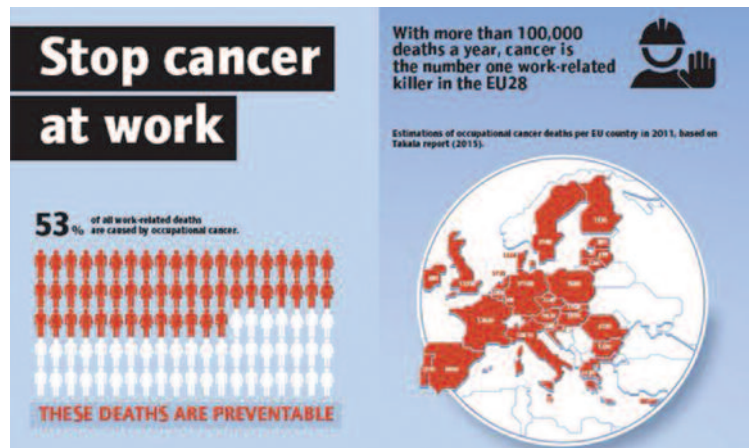
With more than 100,000 deaths a year, cancer is the number one work-related killer in the European Union.

The European Trade Union Confederation (ETUC) has launched a campaign to address workplace use of carcinogens and work-related cancer. Amongst other measures the European Trade Union Institute (ETUI) has published a proposal for more binding Occupational Exposure Levels (OELs) at EU level.

The ETUC's list of 50 carcinogens includes diesel engine exhaust, leather dust, formaldehyde, refractory ceramic fibres, respiratory crystalline silica, cadmium and cadmium compounds, benzo(a)pyrene, chromium VI compounds, ethylene oxide, trichloroethylene (TRI).

For more information, the following items are available to download from the EU-OSHA website, www.osha.europa.eu:

- Infographic "Stop cancer at work".
- Report on substances that should have binding occupational exposure limits.
- Exposure to carcinogens and work-related cancer: A review of assessment methods.



Workers' Memorial Day Ireland

Workers' Memorial Day on 28 April is the date every year when trade union and employer groups worldwide, as well as individual organisations, remember those who have been killed or injured in work-related accidents. For more information and to get involved, visit hsa.ie.

NISO Past President Pauric Corrigan reports

Workers' Memorial Day takes place on 28 April each year to remember those killed or injured in the workplace. A ceremony will take place to mark Workers' Memorial Day at the Royal Hibernian Acedemy, Ely Place, Dublin 2, at at 09.00hrs to remember all those who lost their lives or were injured due to workplace accidents. NISO urges all our members to mark 28 April in their places of work by highlighting safety and health and promoting the wellbeing of their workforce.

As previously mentioned by Harry Galvin in the President's Report, the All Ireland Safety Quiz Finals 2016 have now concluded. I would like to thank all the

member organisations who entered teams into this year's Safety Quiz. Congratulations to the Previous Entrants winners, Thermo King – Ingersoll Rand, Galway and the Novice winners, M + W Group, Dublin. All participating teams should be proud of their contribution to creating health and safety awareness in their workplaces.

On a personal note, I would like to thank Minister for Business and Employment Ged Nash TD for the positive approach that he gave to Health and Safety in his time as Minister.

Following NISO's national AGM on 16 April, I stood down as president of the

organisation after eight years in this role. I would like to thank all the member organisations for their continual support, the safety community and the many, many friends that I have made during my time in office. I will still remain very active within the safety community into the future.

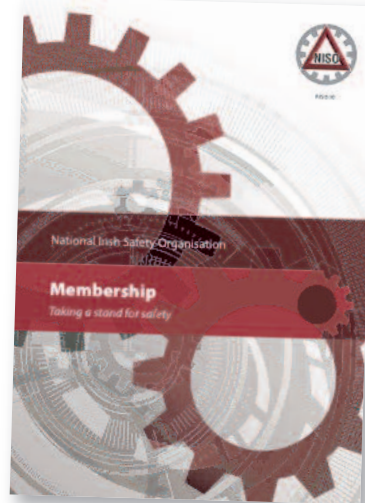
I wish the new president of NISO, Harry Galvin, all the best during his term of office.

Pauric Corrigan,
National Irish Safety Organisation.

NISO Welcomes New Members

National Irish Safety Organisation would like to welcome all of the organisations that have joined in recent months. As a not for profit organisation with charitable status, your membership of NISO supports our endeavours to promote health and safety in Irish workplaces.

Contact NISO on 01 465 9760 or email info@niso.ie for further information on NISO membership or to receive a copy of our Membership Brochure.



New Members

Organisations to recently join NISO include:

- Brandrake Plant Hire Ltd.
- Brian A. Flynn Ltd.
- Climate Tec
- Collins Building and Steeplejack Services
- Dermot Crosby Contracts Ltd.
- Egis Projects Ireland
- Fahy Environmental
- Grid Network Services Ltd.
- Guardian24
- King and Moffatt Building Services
- LMC Energy Solutions Ltd.
- Olympus Ireland
- Priority Drilling Limited

FEATURED MEMBERS

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Grid Network Services Ltd. is a leading contractor in Ireland for planning, surveying, design, procurement and construction of new and refurbished overhead transmission/distribution powerlines and substations of all voltages for the National Power Grid Network and Windfarm Grid connections, with an in-house team of highly qualified and experienced engineers, project managers, site managers/supervisors, health and safety managers/officers and qualified linesmen. Contact 091 870339 or visit www.gridns.com.



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Climate Tec Hygiene Ltd. is Ireland's leading ventilation duct cleaning company. We are based in Galway but work nationwide and have over 15 years' experience. We offer a professional and reliable service and provide a commercial duct cleaning and AHU Air Handling Unit Maintenance Service to commercial kitchens, labs and hospitals. You can find us on www.climatec.ie for more info.



King and Moffatt Building Services have been in business for over 30 years, operating throughout Ireland and the United Kingdom, with an annual turnover in the region of €30 million. Through our valued, directly employed workforce, we provide both private and public clients with a complete electrical and mechanical service, from design stage to the installation and the ongoing maintenance of their facilities. Our new Energy Services Division offers energy expertise to aid clients in reducing their energy consumption, carbon footprint and overall operating costs. Visit www.kingmoffatt.com.



NISO 2016 AGM

NISO held its 2016 AGM in the Radisson Blu Hotel, Athlone, on 16 April

President's Report

Chairing his eighth and final NISO AGM, outgoing president Pauric Corrigan said that it had been a pleasure and an honour to serve as president of NISO.

Mr Corrigan recalled some of the landmark events which took place during his presidency, including NISO's 50th anniversary, the 40th anniversary of the All Ireland Safety Quiz and also the upcoming 25th anniversary of the All Ireland Safety Awards later this year. The attendance of President Higgins at the joint NISO/HSA conference in 2014 was noted as a memorable highlight.

Special mention was given to Bill Kelly, NISO vice president, (2008 - 2016), who stood down from his role within NISO following 42 years of service. Mr Kelly served as president of the organisation from 2004 to 2006.

Mr Corrigan gave his wishes to the incoming president, vice president and executive committee. Lastly he thanked his wife Ann for her patience and support over the last eight years in his commitment to NISO.

Mr Corrigan's final words of advice as president of



The NISO 2016 AGM, (l to r): Des Brandon, NISO treasurer; Harry Galvin, former NISO honorary secretary; Pauric Corrigan, former NISO president; Bill Kelly, former NISO vice president.

NISO was to always remember that NISO is on a journey that has no final destination.

Secretary's Report

Speaking at the NISO AGM, newly elected NISO president Harry Galvin, (honorary secretary at the time of the AGM), noted that 56 individuals lost their lives during 2015. These figures translate to more than one person losing their life each week by going to work.

Mr Galvin mentioned the severe financial cutbacks to the HSA in recent years and noted that this "short sighted view of reducing the resources available to prevent accidents has contributed to the number of deaths and injuries with an overall result for Ireland including human suffering, insurance, compensation and lost time from the workplace."

Mr Galvin expressed his gratitude to outgoing president Pauric Corrigan and outgoing vice president

Bill Kelly saying that they could both be very proud of their contribution to NISO.

Mr Galvin concluded by calling on all NISO members to renew their efforts through the promotion of safety and health awareness, education and most of all by example of leadership to improving safety and health in Ireland by calling



The NISO Executive Committee 2016:

- Harry Galvin (president)
- Michael O'Neill (vice president), South Region
- Fergal McKeivitt (honorary secretary), North East Region
- Des Brandon (treasurer), Members' Representative
- Anne Murphy, Ibec
- Catherine Hession, Members' Representative
- David Connolly, Members' Representative
- Edel Niland, Members' Representative
- John Flanagan, Midland Region
- John O'Reilly, East Region
- John Quinn, North West Region
- Michael Dowling, Irish Congress of Trade Unions
- Michael Horan, Insurance Ireland
- Michelle McDermott, Health and Safety Authority
- Pauric Corrigan, West Region
- Philip Thornton, Midwest Region

National Irish Safety Organisation

New courses added to NISO's training programme

We are delighted to announce the inclusion of additional courses to NISO's training programme in spring 2016:

- Introduction to Health and Safety for the Non Safety Professional
- Risk Assessment (QQI and NISO certs)
- IOSH Managing Safely
- IOSH Working Safely
- Safety Representation (NISO Cert)

NISO has been delivering health and safety training for over 20 years. We operate public and private courses in our training centre and also in company. NISO's trainers are highly qualified and experienced health and safety professionals who share insights, real life situations and can respond to your learning needs.

Your training needs are in safe hands with NISO.



Training Overview

Introduction to Health and Safety for the Non Safety Specialist *NISO Certificate*

Duration: Two days

Objectives: To provide an introduction to the key health and safety duties and responsibilities prescribed under law in Ireland.

Who should attend?: Non-safety specialists in organisations including: HR, purchasing, finance, facilities management, operations and maintenance department staff.

Introduction to Occupational Safety and Health *NISO Certificate*

Held at Athlone IT and Limerick IT in spring and autumn each year.

Duration: Two hours per week over 13 weeks

Objectives: To equip participants with the knowledge to work safely in a variety of workplaces and comply with the competency requirements laid down in health and safety legislation.

Who should attend?: Managers, supervisors, safety representatives, persons who have some responsibility of safety and health at work, persons who wish to gain knowledge in this area.

IOSH Managing Safely *IOSH Certificate*

Duration: Four days

Objectives: To become familiar with health, safety and environmental basics, assist managers in decreasing lost time due to workplace accidents and provide the tools to improve organisation-wide safety culture.

Who should attend?: Managers and supervisors

IOSH Working Safely *IOSH Certificate*

Duration: One day

Objectives: Improve organisation-wide safety awareness culture and appreciation for safety measures; encourage active employee involvement in improving workplace safety.

Who should attend?: Employees at any organisational level in any workplace sector.

Manual Handling Basic *NISO Certificate*

Duration: Half day

Objectives: To increase awareness of safe manual handling of loads and to reduce the risk of occupational injury while carrying out manual handling tasks in the workplace.

Who should attend?: Any person who is involved in manual handling (of inanimate objects) in the workplace.

Manual Handling Instructor *6N0233*

QQI Level 6 Special Purpose Award

Duration: Five day course over two weeks: three days week one; two days week two.

Objectives: Participants on the course are trained to conduct Manual Handling Risk Assessments and deliver Manual Handling Training both in-company and externally.

Who should attend?: Those who want to deliver manual handling sessions in their workplace or in-company.

Training Overview

Occupational First Aid Certificate QQI Level 5

Duration: Three days

Objectives: To provide the occupational first aider with the necessary skills to administer effective first aid in the workplace, deal with emergencies and assess and treat injuries.

Who should attend?: Persons who want to qualify as an occupational first aider and deliver first aid in an occupational setting.

Occupational First Aid Recertification

NISO Certification

Duration: One day

Objectives:

- To ensure first aiders keep up to date with developments in occupational first aid practices, changes in legislation and relevant guidance.

Who should attend?: Persons with a valid Irish Occupational First Aid Certificate who wish to update and refresh their first aid skills.

Safety Representation NISO Certificate

Duration: Two days

QQI Level 5

Duration: Four days

Objectives: To provide an introduction to health and safety legislation, the key functions of safety representatives and workplace risk identification and control.

Who should attend?: Work and manager safety representatives and safety committee members.

Risk Assessment NISO Certificate

Duration: Two days

QQI Level 5

Duration: Four days

Objectives: To equip the learner with the skills to carry out risk assessments and implement risk control measures in an office or service environment.

Who should attend?: Managers and employees.

Safe Pass SOLAS

Duration: One day

Objectives: To ensure that workers on construction sites are not a risk to themselves or to their co-workers; to raise the standard of health and safety in the construction industry.

Who should attend?: All construction site personnel, including new entrants, construction apprentices and trainees, and others who require Safe Pass to gain access where there is a requirement to have Safe Pass.

VDU/DSE Assessor NISO Certificate

Duration: One day

Objectives: To provide the knowledge and skills necessary for the assessment of Visual Display Units (VDU) and Display Screen Equipment (DSE) in the workplace; assist in the prevention of musculoskeletal disorders associated with VDU/DSE usage.

Who should attend?: Employees and self employed persons; H&S managers or consultants; safety representatives; occupational health professionals.

Workplace Safety NISO Certificate

Duration: One day

Objectives:

To provide the learner with an appreciation on the importance of workplace safety.

Who should attend?: Those preparing for employment or newly employed; employees with an interest in gaining an understanding of workplace safety.

Sponsorship

Is your organisation interested in sponsoring the Annual NISO Conference, Ireland's premier health and safety event, in 2016? Sponsorship of the NISO Annual Health and Safety Conference presents a prime opportunity for organisations to reinforce their identity and reputation as leaders in the health and safety field.

Sponsors of the 2015 NISO Conference included:

Abbott Ireland
Anderco
ESS Safeforce
Gas Networks Ireland
KD Group
Kilcawley Construction
Phillips 66
Roadbridge
Walsh Group

To discuss opportunities to sponsor the NISO Conference and other NISO events, please contact Susan Birkett for a Sponsorship Brochure on 01 465 9760 or email sbirkett@niso.ie.

Planning for effective safety training

The workplace hazard controls identified in risk assessments require detailed planning to integrate necessary worker actions and behaviours with day-to-day activities. The level of risk from hazards is reduced when the appropriate risk controls are in place and when they are comprehensively managed to function optimally. Among other considerations the planning of controls should include the provision of equipment necessary for adequate worker protection, worker training in the required controls and worker supervision. Lack of information on specific hazards and absent or inadequate training in the application of risk controls are leading causes of worker injury and financial loss to organisations. In the pursuit of worker safety and in the interest of achieving quality, efficiency and legislative compliance businesses increasingly demand effective worker safety training programmes.

Effective training programmes improve individual and organisational performance through the acquisition of information, the development of knowledge and the successful use of learning and skill development when problem-solving. Organisations interested in improving the effectiveness of training programmes undertake comprehensive needs assessments and confirm if training content and methods, suitable for their requirements, are used in programme delivery. The factors influencing the transfer of skills from the classroom to the workplace are also considered and organisational changes are implemented as necessary to support change.

Needs Assessment

A detailed training needs assessment will help to clarify an organisational or individual performance deficit and identify the focus of required learning. Questions should be asked as to whether there is a need for skill development, or if there is a simpler requirement for information exchange, or indeed whether training is the appropriate solution. The aims, objectives and

outcomes of the program of learning should be clearly established by the stakeholders involved, including the learner and their manager. A key consideration is the assessment of programme learning outcomes and how outcomes will be integrated in the framework of the current day-to-day operation of the organisation. Knowledge acquired during training should be applied in the workplace; failure by organisations to plan for the support and supervision of workers in the application and use of newly acquired knowledge or skill will result in loss to the learner and the organisation. Learning objectives and outcomes identified in an assessment should have clear links with any programme of learning being considered and should be reflected in course material and teaching methods. Teaching strategies should sustain learner motivation while communicating the necessary knowledge.

Learner Motivation

Learners bring with them a variety of motivations and tapping into them by understanding learner's objectives will promote better learning outcomes. Employers and tutors can identify learner motivation through questioning and discussion. Research has established that older adult learners frequently participate in further learning in order to achieve and support personal autonomy and positive relationships with colleagues and supervisors.

“Older adults learn best when convinced of the need for knowing the information.”

Learning outcomes, for this older group of workers, are improved through informal and directly applicable training. Training forms that support the motivation targeted at relevant and topical workplace problems, or an improvement of workplace relationships, are most acceptable.



Siobhan Byrne, BScN, Reg.N, MSc
CMIOSH, NISO consultant

“Younger adults measure training effectiveness generally with respect to career development and the adoption of new skills.”

In order to clarify the rationale for a proposed programme the employer and the tutor should identify why the course is important in addressing both learner and organisational objectives. Illustrating the significance of the course to learner's objectives can help focus on the relevance of the skills they are developing and connect course material to personal interests. Studies have demonstrated that tutor expectations have a significant effect on learning achievement however expectations must be clearly stated. Tutors can support learner success by outlining course content, objectives, outcomes and tutor expectations; information provided on programme structure will assist learners in time management and in the measurement of progress.

Programme effectiveness can be facilitated through the provision of relevant study material, workshops, review sessions and the availability of specific supports designed for learners with individual learning needs. Learner motivation can be maintained if learning objectives are challenging but do not overwhelm.

Objectives for the organisation, the individual and the course must be set at an appropriate level. Time allocated at the commencement of the course for interaction between learners and the tutor adds to the success of the programme since it allows the tutor to explore prior learner experiences and learner knowledge of the programme subject area. The proficient tutor can build on the background subject area knowledge of learners; the tutor can draw attention to areas of relevance and interest to individual learners during course delivery and use “real-world” examples to illustrate the application of concepts presented in class.

Delivery of Information

Use of examples and a story-based delivery can be a subtle form of persuasion and can weaken resistance to safety related information. Safety information is less likely to be disputed when an event referred to in the example used by the tutor has already occurred. Both the delivery of information through the use of stories and the use of a non-narrative presentation, the presentation of facts, have a role to play in learning. Research has demonstrated that story-based interventions most strongly affect individual’s behavior, while non-narrative information most strongly affect cognitive beliefs and attitudes. The tutor must decide when, how or in what combination of each method of

information delivery is to be used to achieve the best learning outcomes. Prompt feedback on course-work or examinations helps the learner to understand the effect of their learning strategies and the extent of knowledge acquired. Comments made by the tutor assists in motivating the learner to improve.

Knowledge Transfer

“Studies show that just 10 to 15 percent of what employee's learn in a classroom is actually transferred to improved job performance.”

Effective transfer of information and skill from trainer to learner depends significantly on trainer knowledge of the subject area. If knowledge is the interpretation and use of information about a given situation then interactive training sessions may help in information retention and comprehension by the learner. Information and skill transfer between learner and the organisation relies on several factors including the learner’s cognitive ability and motivation. Existing organisational systems must be amenable to change and knowledge transfer to the organisation can be accomplished by ensuring that policy and procedures are either developed or updated to reflect new learning.

The use of new skills and behaviours require the support of direct supervisors and management if practices are to become successfully embedded within organisations. Cross training between employees can support the exchange of information; groups of workers can work together to share knowledge and the use of technology can help to capture and retain key information. All employees need to understand the importance of knowledge transfer and how it will be accomplished following training.

By incorporating the principles of independent learning programmes will have a lasting effect on the quality of the intellectual lives of learners. Ongoing learning can be encouraged by coaching learners on problem-solving techniques and by providing them with reference material and access to websites and libraries. Effective safety training can combine prior knowledge and experience with new knowledge and help the learner develop a broad domain of expertise. By paying attention to the factors necessary for knowledge transfer new safety knowledge can become integrated and replicated within an organisation.



Success for Galway and Dublin teams at the 43rd All Ireland Safety Quiz Final

At the All Ireland Safety Quiz Finals held in Athlone on Saturday 16 April 2016, Thermo King – Ingersoll Rand, Galway and M + W Group, Dublin, were the overall winners in the Previous Entrants and Novice Categories respectively.

The All Ireland Occupational Safety Quiz Finals are run jointly by the National Irish Safety Organisation (NISO) and the Northern Ireland Safety Group (NISG). A total of 14 teams competed from all parts of the island of Ireland in the finals.

There was a great turnout at the event, held at the Radisson Blu Hotel in Athlone, with great support for the participating teams from their coworkers.

In the Previous Entrants final, it was Thermo King – Ingersoll Rand with 119 points [out of a maximum of 128 marks] who topped the category, ahead of runners-up, SSE Generation Ireland Limited, Waterford, who finished with 112 points. SSE Generation Ireland were the 2nd runners up in the 2015 finals. Longford team Abbott Diagnostic Division were the second runners-up in this category. The other five teams in this category performed strongly.

The results in the Novice Category finals were very close with M + W Group beating BioMarin International Ltd., Cork, by 3 points. Sligo-based AbbVie Ireland NL, Ballytivnan, achieved 3rd place with a score of 65 points. The other three teams in this category also performed strongly.

Martin O'Halloran, chief executive, Health and Safety Authority (HSA), presented the prizes at a special prize-giving dinner that evening and congratulated all participating teams.



Mr O'Halloran acknowledged the time and commitment each team and participating organisation gave to the quiz and their contribution to creating health and safety awareness in their workplace.

National Irish Safety Organisation vice president Michael O'Neill welcomed NISO's new president, Harry Galvin, who commended all the quiz teams, noting that each and every participant should be proud of their efforts to improve occupational health and safety. Mr Galvin also thanked the participating organisations' managers

for the support and encouragement shown to their teams.

Outgoing president, Pauric Corrigan, received a standing ovation for his service to NISO and health and safety over the eight years of his presidency.

Northern Ireland Safety Group Chairperson, Mandy Nelson, congratulated the participants and commended all the work put in by the teams for the All Ireland Safety Quiz finals.



Thermo King – Ingersoll Rand, Galway, All Ireland Previous Entrants category winners



M+W Group, All Ireland Novice category winners



SSE Generation Ireland Limited, All Ireland Previous Entrants category runners up



BioMarin International Ltd., All Ireland Novice category runners up

Previous Entrants Category Winners

1st Place: Thermo King (Ingersoll Rand)
(representing the West Region)

2nd Place: SSE Generation Ireland Limited
(representing the South East Region)

3rd Place: Abbott Ireland Diagnostics Division
Longford (representing the Midland Region)

Novice Category Winners

1st Place: M + W Group (representing the East Region)

2nd Place: BioMarin International Ltd. (representing the South Region)

3rd Place: AbbVie Ireland NL Ballytivnan
(representing the North West Region)

Other participating teams were: [in alphabetical order]

Abbott Cootehill (representing the North East Region)
Novice Entrant Category

Abbott Cootehill (Representing the North East Region)
Previous Entrant Category

AbbVie Ireland NL Ballytivnan (representing the North West Region)
Previous Entrant Category

Actavo Network & In-House Division (representing Northern Ireland)
Novice Category

Actavo Network & In-House Division (representing the East Region)
Previous Entrant Category

BioMarin International Ltd. (representing the South Region)
Previous Entrant Category

Medtronic (representing the West Region)
Novice Category

Ulster Carpets Ltd. (representing Northern Ireland)

Healthy Workplaces for All Ages

Gavin Lonergan, Head of Communications with the Health and Safety Authority, writes about the new EU Healthy Workplaces Campaign and the 2016 Good Practice Awards.

Europe's workforce is aging: by 2030, workers aged 55–64 are expected to make up 30% or more of the total workforce in many countries. The official retirement age is increasing in many Member States and workers are therefore likely to face both longer working lives and longer exposure to hazards at work.

The changes we are facing lead to various challenges and opportunities for employees and employers. For example:

- Longer working hours may result in longer exposure to risks.
- A higher proportion of older workers results in more people having chronic health problems and specific needs.
- Older workers might be more vulnerable to certain hazards.
- Disability prevention, rehabilitation and return to work are of increased importance.

European Agency for Safety and Health at Work (EU-OSHA) 2016–17 Campaign: Healthy Workplaces for All Ages

The new EU-OSHA campaign – Healthy Workplaces for All Ages – aims to raise awareness of the contribution that different generations working together can make in the workplace. Prevention of work-related accidents, health problems and occupational diseases

must be the main objective of an OSH management plan. In the context of an aging workforce, prevention throughout working life is key, as people's health in later life is affected by, among other things, working conditions in earlier life.

Work is part of the solution, not the problem, to Europe's aging workforce. Work is good for both physical and mental health. Promoting sustainable work and healthy aging can result in a healthier and more motivated workforce, lower staff turnover and absenteeism and greater business productivity.

Good Practice Awards

As part of the campaign, the European Agency for Safety and Health at Work makes Good Practice Awards to businesses and organisations that devise innovative, practical solutions to workplace safety and health problems. The Good Practice Awards is one of the main elements of the Healthy Workplaces Campaign and this year is designed to highlight the best examples of promoting sustainable work and healthy aging in the workplace.

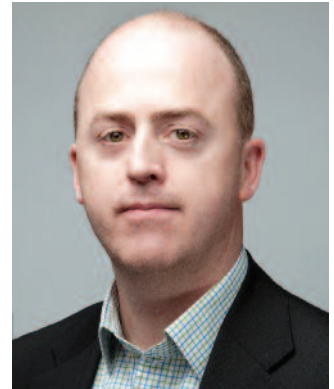
The Healthy Workplaces Good Practice Awards 2016–17 aim to highlight leading examples of organisations actively managing safety and health at work in the context of an

aging workforce. We are looking for examples that demonstrate a holistic approach to OSH management and a life-course perspective to risk management.

Entries, which are now being taken, should clearly describe how good age management practices have been implemented in the workplace and what has been achieved, including such aspects as:

- how age diversity is considered in OSH management,
- age-sensitive risk assessment and adapting workplaces accordingly,
- the development and implementation of interventions and/or interactive tools for managing an aging workforce, and
- specific measures targeting older workers and/or hazards and risks specific to older workers.

Two national winners will be selected from the entries: one from organisations with fewer than 100 employees and one from those organisations with 100 employees or more. The two Irish winners will then go on to the European leg of the competition where they will be judged against other national winners. If successful at the European stage, winners will receive their awards at a ceremony in the spring of 2017.



Gavin Lonergan, Head of Communications, Health and Safety Authority

The closing date for entries is 9 September. Full details on how to enter can be found at www.hsa.ie, telephone the HSA on (01) 7997800 or email wcu@hsa.ie.

Materials for the Healthy Workplaces Campaign including brochures, leaflets and posters on the theme of "Healthy Workplaces for All Ages" are also now available from the Health and Safety Authority by phoning 1890 289 389.



Founder members honoured by IOSH Northern Ireland

Two founder members of IOSH's Northern Ireland branch have been honoured as part of its 50th anniversary celebrations.

Wilson Lambe MBE and James Cochrane were among the six original members who formed the Northern Ireland group of the Institution of Industrial Safety Officers (IISO), which later became IOSH.

Their role in the branch's formation in 1966, and subsequent dedication to the institution over the past 50 years, was recognised by IOSH during an evening of celebrations at Belfast City Hall on Friday 15 April.

IOSH chartered fellow Wilson, 72, and life member James, 83, received certificates from IOSH president-elect Graham Parker, with around 140 guests having gathered to mark both their and the branch's milestones.

Wilson, a member of the Northern Ireland branch's committee and a former member of IOSH's Council, said: "We felt that there was a need for a branch to be formed as health and safety was just really starting to take off at the time.

"To start with there was six of us but the membership has grown and grown over the years to the extent that we now have over 750 members across the country. We also have six members in the branch that have been awarded an MBE for

services to occupational safety and health.

"Over the years we have worked to promote work-related safety and health and upskill professionals, and to build relationships with other organisations. Our philosophy has always been to work with anyone to promote safety and health at work, and that still stands today."

Wilson, who served as IOSH president in 1988-89, said he was confident that the Northern Ireland branch would continue to go from strength to strength in the years to come.

"There are more and more people coming into the profession and we will continue to provide for them," he said.

IOSH Northern Ireland Branch chair, Richard McIvor, said the

foundations laid by Wilson, James and the other original and early members of the branch continue to serve it, and the wider world of work, well.

He said: "They lay the foundations for relationships with the likes of HSENI and the Northern Ireland Safety Group (NISG) that have lasted and evolved over the past 50 years.

"A lot of people who were at the celebration have been with the branch from the early days and they have influenced the course of members' careers over the years. Many have seen it simply as part of their job, and for that we thank them.

"The challenge for us going forward is to continue to build on the branch's work over the past five decades to ensure that IOSH remains at the heart of efforts to make

workplaces in Northern Ireland safer and healthier for all."

IOSH Northern Ireland branch is raising awareness of work-related cancers and agricultural safety during its 50th anniversary year.

In the last year, IOSH Northern Ireland Branch has collaborated with HSENI and the HSA, BuildHealth NI and the NISG to promote workplace safety and health issues. Members have also joined forces with colleagues in IOSH's Ireland Branch to promote farm safety and health.

As part of its support for HSENI's Farm Safety Action Plan, the branch is funding demonstrations around the safe use and maintenance of chainsaws and quad bikes at this year's Balmoral Show in May.



Help on Working at Height and Slips, Trips and Falls

NISO team answers members' queries.

QUESTION 1

I own a small painting and decorating firm. This requires myself and employees to work at height quite often, sometimes for brief lengths of time so therefore we use step ladders. However, I was recently informed that a step ladder cannot be used due to health and safety regulations. Can you please confirm if this statement is true?

ANSWER 1

The work at height regulations apply to all work at height where there is a risk of a fall liable to cause personal injury. These regulations do not ban ladders but do require careful consideration to be given to their use.

Ladders should only be used as work equipment where a risk assessment shows the use of other work equipment is not justified. The risk assessment will assist you in the planning of the work activity and work equipment, precautions to be taken in certain weather conditions, the level of supervision required and also any emergency or rescue procedures that may be required.

As a guide, a ladder or a stepladder should only be used:

- where the work is of short duration – ladders are not suitable where they are in one position for 30 minutes or more,
- where there is a low risk of a fall occurring or if the nature of the fall would be unlikely to cause injury,
- for light work – ladders are not suitable for strenuous or heavy work,
- for work that does not involve carrying heavy or awkward tools or equipment,
- where a handhold is available both for climbing the ladder and in the working position,
- where you can maintain three points of contact with the ladder at the working position.

On a ladder where you cannot maintain a handhold, other than for a brief period of time, other measures will be needed to prevent a fall or reduce the consequences of one. On stepladders where a handhold is not practicable a risk assessment will have to justify whether it is safe or not.

Training and supervision are key elements in the safe use of ladders. Ladder users must be competent in their use and must know how to check, carry, erect, move and use the ladder in a safe manner. Adequate supervision should ensure that misuse of ladders is not taking place and that all users have received the appropriate training. For further information on the safe use of ladders please view the Health and Safety Authority (HSA) information sheet titled 'Using Ladders Safely' and the Guide to the Safety, Health and Welfare at Work (General Application) Regulations 2007, Part 4: Work at Height. Both are HSA Authority website: hsa.ie.

QUESTION 2

I am the health and safety officer of a company in the retail sector and one of our major risks is slips, trips and falls. What action can our employees and management take to prevent slips, trips and falls?

ANSWER 2

Slips, trips and falls account for about one fifth of all notified accidents. Employers, senior managers and employees all have responsibilities to control risks from slips, trips and falls.

Management must conduct workplace specific slips, trips and falls risk assessments. These risk assessments will identify high risk areas and potential controls. High risk areas may include areas where pedestrians move between surfaces with very different levels of grip such as from a wet surface to a dry surface or vice versa, top and bottom of stairs, areas of poor lighting, etc. Controls may include dealing with floor spills immediately, warning signs, good housekeeping, a programme for floor

cleaning that includes keeping pedestrians away from wet floors, etc. Slips, trips and falls must also be included in the safety statement. The safety statement will outline:

- the protective and preventative measures taken and resources provided to prevent slips, trips and falls,
- plans and procedures to be followed and the measures to be taken in case a slip, trip or fall does occur,
- duties of employees in relation to slips, trips and falls, and,
- names of persons with responsibilities in relation to slips, trips and falls.

Management must also ensure appropriate training and instructions are provided to employees and where necessary, other persons on the premises. Employees' responsibilities toward slips, trips and falls include reporting anything dangerous to their supervisor, use and take proper care of any personal protective equipment (ppe), deal with spills straight away, use absorbent material to soak up the spill, ensure good housekeeping, etc.

For further information on slips, trips and falls please view the Health and Safety Authority (HSA) website: hsa.ie, where you will find the HSA information sheet titled "Get a grip – stop slips and trips." You will also find many useful posters in relation to this topic.



Safety, Health and Welfare at Work (General Application) (Amendment) Regulations 2016 [S.I. No. 36 of 2016]

These Regulations shall come into operation from 1 July 2016.

These Regulations amend the Safety, Health and Welfare at Work (General Application) Regulations 2007 (S.I. No. 299 of 2007) as previously amended by the Safety, Health and Welfare at Work (General Application) (Amendment) Regulations 2007 (S.I. No. 732 of 2007), the Safety, Health and Welfare at Work (General Application) (Amendment) Regulations 2010 (S.I. No. 176 of 2010) and the Safety, Health and Welfare at Work (General Application) (Amendment) Regulations 2012 (S.I. No. 445 of 2012) by inserting Part 11 (Woodworking Machines), Part 12 (Abrasive Wheels) and Part 13 (Abrasive Blasting of Surfaces) as well as adding Schedule 13 (Woodworking Machines) and Schedule 14 (Training and Instruction) to the Regulations. The collective Regulations shall be cited together as the Safety, Health and Welfare at Work (General Application) Regulations 2007 to 2016. The purpose of the Regulations is to bring specific workplace safety matters relating to Woodworking Machines, Abrasive Wheels and Abrasive Blasting of Surfaces within the scope of the Safety, Health and Welfare at Work Act 2005 following the repeal of corresponding Regulations made under the Factories Act 1955, as amended by the Safety in Industry Act 1980. The Regulations are designed to retain, by means of amendments to the Safety, Health and Welfare at Work (General Application) Regulations 2007, the aspects of the provisions of Regulations under the Factories Act that remain relevant and are therefore reproduced in line with the new legislative format. These Regulations revoke and replace 3 individual sets of Regulations—

(a) Factories (Woodworking Machinery) Regulations, 1972. (S.I. No. 203 of 1972),

(b) Factories (Abrasive Blasting Of Surfaces) Regulations, 1974. (S.I. No. 357 of 1974), and,

(c) Safety in Industry (Abrasive Wheels) Regulations, 1982. (S.I. No. 30 of 1982).

Code of Practice for the Chemical Agents Regulations

This Code of Practice provides practical guidance as to the observance of Regulations 4(1)(e), 4(5)(d), 6(1)(c), (d) and (e) and 9 (1) (b) of the Safety,

Health and Welfare at Work (Chemical Agents) Regulations 2001, in relation to occupational exposure limit values (OELVs) for a number of chemical agents as listed in Schedule 1 to the Code, having regard to the provisions of the Safety, Health and Welfare at Work Act 2005.

This Code of Practice comes into operation on the 1st of April 2016 and from that date it replaces the “2011 Code of Practice for the Safety, Health and Welfare at Work (Chemical Agents) Regulations 2001 (S.I. No. 619 of 2001)” which was issued in accordance with the Safety, Health and Welfare at Work Act 2005.



HSA Publications

Safe Load Securing Information Sheets

The Health and Safety Authority in partnership with An Garda Síochána and the Road Safety Authority developed this series of Load Safety information sheets, dealing with high-risk loads.

These information sheets provide guidance on handling high-risk loads, where the consequences of load shift or load shed can be extremely serious. Loads that are not firmly anchored to the load bed can shift during transport. This can make them unsafe.



Fatal workplace injuries by economic sector 2008-2016 (NACE Revision 2)

Economic sector	2008	2009	2010	2011	2012	2013	2014	2015	2016
A Agriculture, forestry and fishing	20	10	22	22	20	16	30	18	3
Crop and animal production, hunting and related service activities	1	1	3	0	1	0	0	1	0
Forestry and logging	1	2	4	5	7	5	1	5	0
Fishing and aquaculture	1	2	0	1	1	2	0	2	1
B Mining and quarrying	6	1	2	2	0	1	3	3	1
C Manufacturing	0	0	0	0	0	1	1	0	0
D Electricity, gas, steam and air conditioning supply	2	0	2	3	4	1	0	3	1
E Water supply, sewerage, waste management and remediation activities	15	10	6	6	8	11	8	11	1
F Construction	3	2	4	2	3	3	4	2	1
G Wholesale and retail trade; repair of motor vehicles and personal goods	3	6	3	7	1	4	4	4	1
H Transportation and storage	0	1	0	1	0	0	0	0	0
I Accommodation and food service activities	0	0	0	0	0	0	0	0	0
J Information and communication	0	0	0	0	0	0	0	0	0
K Financial and insurance activities	0	0	0	0	0	0	0	0	0
L Real estate activities	1	1	0	2	1	1	1	0	0
M Professional, scientific and technical activities	0	1	0	0	1	0	2	0	1
N Administrative and support service activities	1	2	0	1	0	0	0	4	0
O Public administration and defence; compulsory social security	0	2	0	0	0	1	0	0	0
P Education	0	1	1	1	1	0	0	1	0
Q Human health and social work activities	1	0	1	1	0	0	1	1	0
R Arts, entertainment and recreation	1	0	1	1	0	0	1	1	0
S Other service activities	1	0	1	1	0	0	1	1	0
Total	57	43	48	54	48	47	55	56	10

(Source: hsa.ie, correct at 18 April 2016)

National Irish Safety Organisation Events Diary



Please keep an eye on our website niso.ie for forthcoming courses in 2016.

1. NISO Safe Pass Training:

East: NISO Training Centre,
Ballymount, Dublin 12
Dates: 29 April;
6, 13, 20, 27 May
Weekly: On Fridays

South East: Springhill Court
Hotel, Kilkenny
Dates: 4 & 25 May; 25 June;
20 July

South East: Clonmel Park
Hotel, Clonmel, Tipperary
Dates: 11 May; 8 June; 6 July

South: Clayton Hotel Silver
Springs, Cork
Dates: 17 May; 14 June

2. Courses scheduled at NISO Training Centre, Ballymount, Dublin 12

Manual Handling Basic
Duration: half day
5 May

**Introduction to H&S for the
Non Safety Specialist**
Duration: 2 days
5-6 May

VDU/DSE Assessor
Duration: 1 day
9 May

**Occupational First Aid
QQI L5**
Duration: 3 days
23-25 May

*Please see pages 10 and 11 for
additional course information.*

*Visit niso.ie for up to date
information*

3. Courses and events

in the regions

EAST REGION

**Workshops: Hand Arm
Vibration and Noise Safety**
Duration: half day workshops
Dates: 8 & 9 June
Location: Dublin

MIDLAND REGION

Course: NISO Introduction to
Occupational Health
and Safety
Athlone Institute of
Technology
Duration: 13 weeks, 2 hrs
p/wk
Commencing: September
2016
Contact: midland@niso.ie

MID WEST REGION

Course: NISO Introduction to
Occupational Health
and Safety
Limerick Institute
of Technology
Duration: 13 weeks, 2 hrs
p/wk
Commencing: September
2016
Contact: FLLimerick@lit.ie

SOUTH REGION:

**Workshops: Hand Arm
Vibration and Noise Safety**
Duration: half day workshops
Dates: 8 & 9 June
Location: Cork

4. National/ All Ireland Events

**NISO Annual Conference and
Trade Exhibition**
Date: 7 October 2016
Venue: The Malton Hotel,
Killarney, Co. Kerry

Trade Exhibition Spaces Available

For more information on
booking a space call 01 465
9760 or email sbirkett@niso.ie

NISO/NISG All Ireland Safety Awards

Date: 7 October 2016
Venue: The Malton Hotel,
Killarney, Co. Kerry



NISO, A11 Calmount Park, Calmount Avenue, Ballymount, Dublin 12.
Tel: 01 465 9760 Fax: 01 465 9765 Email: info@niso.ie Website: niso.ie