National Irish Safety Organisation



NISO is a not-for-profit voluntary body, dedicated to the promotion of health and safety in Irish workplaces

WINTER 2020

PRESENTEEISM

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The modern "curse" harming health and productivity

EDITORIAL

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President's message

Regional Committees

Our regional committees are very active in the early months of the year holding their first meetings of the year, their AGMs and their regional quizzes in advance of the All Ireland Safety Quiz Finals, which will be held on 25 April in Tullamore. All our regional committees have asked me to extend an invitation on their behalf to all NISO members to come along and join their local regional committee. If you are interested in joining one of our regional committees let us know.

Most committees meet about four or five times per year for a two-hour meeting to discuss enhancing safety promotion in their region. Please consider becoming involved in your organisation. Contact the NISO office on 01 465 9760 or email info@niso.ie to discuss joining your regional committee.

2019 Fatal Accidents

NISO has expressed its concern at the increase in workplace fatalities in 2019 with 46 deaths recorded last year compared with a total of 39 fatalities in 2018. We need to continue our work in the promotion of safe working practices to reduce the fatality numbers further. We have to set our sights on zero fatal accidents.

Safety Awards

The Safety Awards workshops have been taking place throughout January and will continue in February. The standard entry deadline for submission to the 2020 All Ireland Occupational Safety Awards is 1 May 2020; early bird entry deadline is 27 March and the late entry deadline (subject to a late fee) is 7 June. The Awards Presentation dinner will take place on 9 October in Killarney, Co. Kerry. The Safety Awards is your opportunity to have your organisation's efforts recognised nationally.

Organisations should note that this year's submissions will contain a dedicated section on Occupational Health and Occupational Hygiene. The Superior Performance award has been discontinued this year with items from this section now incorporated into the other sections.

Personal Injuries

Personal Injuries and the compensation associated with claims arising from these injuries continue to be in the headlines. Every time the issue relating to reducing insurance premiums comes up, the amount of compensation paid to those that are injured is raised as the reason for high premiums.

If government, the insurance industry and business want to reduce the costs associated with insurance then preventing accidents and thereby the injuries caused by these accidents in the first place is the way to do it. All parties need to invest in education and prevention and we must once and for all change the mindset where organisations seek to reduce the budget for safety and health thereby increasing the risk of accidents and the cost of insurance.

Prevention is the way forward.

Education

Our NISO Certificate in Safety, Health and Welfare at Work course is running in six locations around the country again this spring. We will also continue to hold health and



Harry Galvin, president, National Irish Safety Organisation

safety workshops and seminar series throughout the year, with the popular Promoting Health and Safety in the Workplace seminar series in association with Healthy Ireland confirmed for five further dates in 2020. NISO will also continue to hold public safety training courses in the NISO Training Centre in Ballymount, Dublin 12 and in house training nationwide on request. Our health and safety courses include Manual Handling, First Aid Response, Safe Pass, Safety Representation, VDU/DSE Assessor training etc. For a full list of upcoming events and courses check our website.

Stay safe.

Harry Galvin, President, National Irish Safety Organisation



Workplace fatalities increased by 18% in 2019

The Health and Safety Authority (HSA) has reported an increase in workplace fatalities in 2019. The total number of workplace deaths in 2019 was 46 compared with a total of 39 fatalities in 2018 representing an 18% increase overall.

Harry Galvin, President, National Irish Safety Organisation, expressed concern at this increase in workplace fatalities in 2019. Commenting on the high number of farm fatalities in 2019 Mr. Galvin stated that "the safety message is not hitting home to our colleagues in agriculture". Mr. Galvin also commented that it is worrying to see such a dramatic rise in construction sector fatalities adding that "employers and workers should not become complacent and should remember to always put safety first on every single job."

Construction fatalities

Of particular concern is the stark rise in construction-related deaths which more than doubled from five fatalities in 2018 to 12 in 2019. Falls from heights are the leading cause of construction worker deaths.

HSA CEO, Dr. Sharon McGuinness, expressed concern at the increase in fatalities in the construction sector noting that the number of fatalities was the highest since they last spiked in 2015.

Commenting on the figures Dr. McGuinness said that, "While the message seems to have got through to big construction firms who have improved standards around worker safety, what we are seeing is selfemployed and smaller building companies not realising their duty and responsibility to staff, and cutting corners when it comes to health and safety."

Dr. McGuinness expressed the HSA's plans to target working at height throughout their construction campaigns in 2020 and to also work directly with the sector to increase knowledge and application of risk assessment tools.

Speaking of the role that mindset and behaviour plays in safety, Dr.



McGuinness said "Most deaths are preventable. Generally, incidents occur when safety shortcuts are taken. But the mentality of placing people's lives in peril in the race to finish a job - or save money - needs to stop. Lives depend on it."

Agriculture



The farming sector incurred the highest number of fatalities again in 2019 and remains the most dangerous industry to work in. There was a total of 18 farm fatalities in 2019, an increase of 3 fatalities on 2018. Of the 18 fatalities last year, 12 of the deceased were over 70 years of age. The deaths involved being strapped or crushed (7); struck by a vehicle (2); drowning (2); struck by a falling object (2) and other (5). Livestock were involved in six fatalities.

Dr. McGuinness urges people to

"really take on board the dangers around farming whenever working with livestock, slurry or machinery."

Ports and docks

Another point of concern is the high number of fatalities at Irish ports and docks with 6 workplace deaths in 2019, an increase of 1 on 2018. Dr. McGuinness commented that increased vigilance is needed as we face Brexit and increased activity in shipping and at ports.

In conclusion, Dr. McGuinness noted that "Although we have seen a downward trend between 2015 (56 fatalities) and 2018 (39 fatalities), action still needs to be taken to ensure that every worker goes home safely each and every evening. We must not become complacent as we continue our mission to prevent injury, death and ill health at work."



NISO Welcomes New Members

National Irish Safety Organisation would like to welcome all of the organisations that have joined recently. As a not for profit organisation with charitable status, your membership of NISO supports our endeavours to promote health and safety in Irish workplaces.

Contact NISO on 01 465 9750 or email info@niso.ie for further information on NISO membership and to receive a copy of our Membership Brochure.

New Members

Organisations to recently join NISO include: AMPM Safety & Environmental Ltd. Aptarus Ltd. Campion Pumps Corribview Safety Services Ltd. Department of Foreign Affairs and Trade Kerrygold Butter Packing Ireland Provision CameraMatics SignsInc Design and Manufacturing (Europe) Ltd.





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Dates for your Diary

NISO National AGM Tullamore Court Hotel, Tullamore, Co. Offaly 25 April 2020

NISO/NISG Safety Quiz Finals Tullamore Court Hotel, Tullamore, Co. Offaly 25 April 2020

NISO Annual Health and Safety Conference Great Southern Killarney, Killarney, Co. Kerry 9 October 2020 Trade Exhibition of Health and Safety Products and Services Great Southern Killarney, Killarney, Co. Kerry 9 October 2020

NISO/NISG All Ireland Safety Awards Gala Dinner Great Southern Killarney, Killarney, Co. Kerry 9 October 2020

SAFETY ALERTS

Safety Alert for lift with defective worm gear

A safety alert has been issued to warn of elevator lifts with defective worm gear following a fatal accident in the Netherlands. This alert refers to the Ziehl-Abegg Elevator with worm gear of Type / Model No: ZAS0, ZAS1, ZAS2, ZAS3. It has been identified that one or more of the six hard steel nuts which secure the worm gear to the flange from the axle to the traction sheave may become loose. The worm gear may thus become detached from the drive shaft and result in an uncontrolled movement of the lift cabin.

The Health and Safety Authority (HSA) wish to bring this safety alert and relevant information to the attention of owners and users of this lift type as well as maintenance and inspection personnel. For more on this safety alert and measures to be taken please visit www.hsa.ie.

Passenger lifts installed by Ellickson Engineering Ltd.

The HSA has issued this safety alert to inform owners /operators of lifts installed by Ellickson Engineering Ltd. (no longer trading) to carry out checks to ensure the lifts have been installed as required under the legislation. The HSA advises that the passenger lifts marked with the number CE490 may not have been designed and/or installed in compliance with relevant legislation as CE490 is not a valid notified body number. Owners and operators of lifts installed by Ellickson Engineering Ltd also need to take action if the Notified Body number is not displayed and/or the CE is marked with a different Notified Body number.

Please visit www.hsa.ie for further information and details on measures to be taken.



Stacking of baled recycled material in the waste sector

The HSA is issuing this safety alert following recent fatalities where employees were fatally injured when stacks of recycled material collapsed on top of them.

If recycled material is not stacked correctly it can cause the stack to become unstable and collapse leading to devastating consequences if they fall on persons in the vicinity of the collapse. There are various factors which affect stack stability including the size, weight, shape and density of the bales; the type of material in the bale; whether the bales are subjected to heat, cold or sunlight; bale strapping and unseen material that may break down over time.

Employers must carry out a risk assessment to identify the hazards associated with stacking the various types of recycled material and then must put in place control measures to control the risks. For a detailed list of risks and control measures please visit www.hsa.ie.

Revised guidance: exposure to welding fume

In February 2019 the Health and Safety Executive in the UK (HSE) issued a safety alert to inform industry of a change in relation to the control expectations for exposure to welding fume including that from mild steel welding. The HSE has now revised its guidance. The Control of Substances Hazardous to Health direct advice for welding to help make sure exposure to any welding fume released is adequately controlled has been published, along with HSE's web pages on how to manage exposure to welding fume. Please visit hse.gov.uk to access this guidance.



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Presenteeism – the modern "curse" harming health and productivity

The start of a new decade gives those of us who work in health and safety a chance to take stock but also to look forward to the challenges of the future. When the British Safety Council was created in 1957, thousands of workers were being killed every year in the UK, while many more suffered serious injuries and disease. Last year the figure was 147. While we must consolidate our efforts, improve our performance (that is 147 bereaved families and many friends and colleagues) and remain ever vigilant, we can take pride that deaths from accidents have fallen sharply in recent decades and that fall is reflected in the statistics on serious injuries. That is why this year we are turning our attention to what The Economist has referred to as the "curse of presenteeism" - a growing and worrying trend that is damaging the health of workers in the developed

world and sits behind much of the evidence for poor productivity.

Presenteeism takes different forms, but it can be defined succinctly as turning up for work or staying at work when unwell. As the health insurance provider Vitality puts it, being "present at work but limited in some aspects of job performance by a health problem." Presenteeism as a phenomenon sits in relation to absenteeism – being away from work because of illness – and "leaveism", which includes taking time off ill during holidays or through time-offin-lieu and conversely working outside of hours to catch-up.

The recent statistics on presenteeism are stark. Whereas typical drivers of ill-health like smoking, drinking too much and not exercising are falling or flatlining, presenteeism is on the rise. According to *Health at Work*, the *Financial Times*' annual report into



Prof. Lawrence Waterman OBE, Chair of the Board of Trustees, British Safety Council

workplace health, presenteeism has leapt from an average of 20.3 days per year in 2014 to 35 days last year – an increase of 50%. Presenteeism is hitting younger people more than older people and correlates to other health issues.

Different factors are driving an increase in presenteeism, some cultural, some environmental. In some



cases, a bad office culture which values visibility over productivity is to blame. Most of us would see that as something that could be addressed through better leadership and HR. But concerns for the needs of others is also a factor – presenteeism is high amongst teachers and healthcare professionals who are conscious of letting people down if they do not come into work. Job insecurity is a factor: it is logical that employees pushing to be taken on permanently will want to be present in the workplace. In some cases, the practices that have evolved in HR for good reasons have had unforeseen consequences. Over-bureaucratic or intrusive absence control policies such as back-to-work interviews after even the briefest of absences could deter employees from the hassle of taking time off when unwell. And there are wider job market factors at play. The number of sickness days in the UK has fallen from 7.2 days in 1993 to 4.4 in 2018. Some of this can be ascribed to healthier workers, but research from Professor Cary Cooper shows that people stopped taking sick days in the wake of 2008 financial crash. Uncertainty during the recession made people nervous for their jobs and encouraged people to turn up for work

even when unwell.

Because presenteeism is bad for people, it is bad for business. While there are immediate short-term costs of sickness absence, the implications of presenteeism are likely to cost more. It is well-understood that presenteeism lowers a worker's productivity and morale, and that being ill at work makes people more likely to make mistakes. However, over time presenteeism could lead to more serious health and mental health issues that lead to prolonged absences. Absenteeism and presenteeism cost the UK economy £73bn a year. Research from Nottingham Trent University estimates that presenteeism means that employees are working 16% below capacity, costing their employers £4,059 per person per year.

Over the last five years or so research and investment from employers has uncovered presenteeism as a serious issue and brought it to the attention of those of us concerned with wellbeing in the workplace. Better guidance can empower employees to take time off when they need to and a lessdiscipline-focused approach to absence will reduce anxiety about sick days. As always, leadership is vital and managers must set the tone, not least by taking time off if they need to themselves. Some rewards have unintended consequences – HR should discourage rewards for attendance when they instead encourage presenteeism. As well as ensuring people who are unwell can get better, we should champion working cultures that clearly limit the working day and give people the work-life balance they need to stay healthy.

This year the British Safety Council is launching a new campaign, focused on presenteeism to help better establish how employers and regulators can tackle presenteeism. Although employment law is increasingly recognising the importance of wellbeing at work, and how employers can create the flexible working environments in which modern workers can thrive, there is more to be done. Last year we advocated a review of health and safety regulation with a view to placing duties on employers around mental health and work-related stress. We also called on the government to enshrine in law a right to request workplace modifications to enhance wellbeing. In 2020, we will be carrying out our own research to establish the evidence on where policymakers could intervene and asking what regulatory interventions might be needed.

NISO Annual Health and Safety Conference 2020

Ireland's premier health and safety conference for safety professionals and business leaders.

Friday 9 October 2020 The Great Southern Killarney, Co. Kerry

The NISO Conference offers delegates an insight into current topical issues in health and safety.

To register your interest in conference 2020 email conference@niso.ie with "Conference 2020 Interest" in the subject line.

Sponsorship

Is your organisation interested in sponsoring the Annual NISO Conference, Ireland's premier health and safety event, in 2020? Sponsorship of the NISO Annual Health and Safety Conference presents a prime opportunity for organisations to reinforce their identity and reputation as leaders in the health and safety field. Sponsors of the 2019 NISO Conference included:

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- SignsInc

To discuss opportunities to sponsor the NISO Conference and other NISO events, please contact us on 01 465 9760 or email conference@niso.ie.





Take part in the All Ireland Occupational Safety Quiz and raise health and safety awareness in your workplace in a fun and information way!

Quiz Format:

Regional Heats: Participating teams (comprising of up to four persons) will compete in either the Novice or Previous Entrants categories in the Regional Heats. The competition is in a Table Quiz format (no individual questions). The winning teams from each category will proceed to the All Ireland Finals in the Tullamore Court Hotel, Tullamore, Co. Offaly on 25 April 2020.

All Ireland Occupational Quiz Finals: The winning Novice and Previous Entrants teams from the regional heats will compete for the title of All Ireland Champions in the Quiz Finals. The two top teams from both categories will emerge as the winners and runners up of the All Ireland Occupational Safety Quiz 2020.

How to book:

Visit niso.ie and book online under events/all-ireland-safetyquiz/quiz-dates-2020; call 1850 SAFETY / 01 465 9760 or email info@niso.ie.

All Ireland Safety Quiz Final Saturday, 25 April 2020; 14.30hrs; Tullamore, Co. Offaly

To qualify for the All Ireland Safety Quiz Finals, you need to participate and win the relevant category in one of the eight regional or Northern Ireland quizzes as listed below.

NISO Western Region [covering counties Galway, Mayo, Roscommon] 13 February 2020; 20.00; Oranmore Lodge Hotel, Oranmore, Co. Galway

NISO Southern Region

[covering counties Cork, Kerry] 3 March 2020; 19.00hrs; Radisson Blu Hotel & Spa, Little Island, Cork

NISO North East Region [covering counties Cavan, Louth, Meath, Monaghan] 5 March 2020; 20.00hrs; The Errigal Hotel, Cootehill, Co. Cavan

NISG Northern Ireland [covering counties Antrim, Armagh, Derry, Down, Fermanagh, Tyrone] 6 March 2020; 19.00hrs; Wellington Park Hotel, 21 Malone Road, Belfast, Co. Antrim

NISO Midland Region

[covering counties Laois, Longford, Offaly, Westmeath] 11 March 2020; 20.00hrs; Bridge House Hotel, Tullamore, Co. Offaly

NISO North West Region [covering counties Donegal, Leitrim, Sligo] 12 March 2020; 20.00hrs; The Clayton Hotel, Clarion Road, Ballytivnan, Co. Sligo

NISO Eastern Region [covering counties Dublin, Kildare, Wicklow] 19 March 2020; 19.00hrs; The Gresham Hotel, Dublin 1

NISO South Eastern Region [covering counties Carlow, Kilkenny, Tipperary South, Waterford, Wexford] 24 March 2020; 19.00hrs; Viking Hotel Waterford, Waterford City

NISO Mid West Region [covering counties Clare, Limerick, Tipperary North] 2 April 2020; 20.00hrs; Greenhills Hotel, Ennis Rd, Limerick

2019 winners

Previous Entrants: AIB Novice: BioMarin International Ltd. The



THERMO KING

Previous Entrants: Novice: Thermo King Ingersoll-Rand, Galway Aughinish Alumina



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Contact Details Tel: 01 465 9760 E-Mail: info@niso.ie

DETAILS AND CONTACTS:

National Irish Safety Organisation A11 Calmount Park, Ballymount, Dublin 12 T 1850 SAFETY F 01 4659765 E info@niso.ie W niso.ie Course Price: €425 (NISO members); €525 (Non members)



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Cork conference promotes people-focused approach to workplace safety and health

A conference in Cork focusing on how workers can be empowered to drive positive safety, health and wellbeing solutions in the workplace will take place on Wednesday 12 February in the Cork International Hotel, Co. Cork.

Organised by the Institution of Occupational Safety and Health's (IOSH) Ireland South Branch, the event, titled "Start a ripple, create a wave", highlights how adapting our approach to safety can help to inspire, lead and encourage those in our organisations to bringing about positive change in how we go about our work.

Leading speakers from the Health and Safety Executive (UK), Northumbria University, Maersk, the Health and Safety Authority and more will share examples of organisations which have seen dramatic improvements in safety and health management through adopting an adaptive safety approach, that sees people as providing the solutions and tapping into that. The event will provide practical techniques for delegates to take back into their own workplaces to influence and create a safer and healthier workplace culture.

Investing in safety and health can lead to significant return on investment for businesses. A report by the International Social Security Association (ISSA) suggests there is a return of $\in 2.20$ for every one euro invested in occupational safety and health.

One of the case studies that will be presented by Professor Robert J de Boer shows how over £2M was saved annually by adopting a restorative just culture, and demonstrates that as well as being the right ethical approach to take, health and safety really is good for business.

Marion Kiely, conference organiser and a member of IOSH's Ireland South Branch committee, said: "This event will showcase the benefits of adopting an adaptive safety approach to work. By tapping into our most valuable resource - our people - and treating them as part of the solution rather than the problem, we can reveal opportunities to evolve our organisation in a desirable direction that previously lay hidden to us.

"Listening to and empowering employees across a business can help to create a resilient organisation, and can lead to significant benefits right across the board."

The conference, "Start a ripple, create a wave", takes place on Wednesday 12 February at Cork International Hotel, Cork Airport Business Park, County Cork, Ireland, T12 H516.

For more information and to book your place visit the website: https://bit.ly/35EtBVq





Legislation update

SI No. 2 of 2020 Safety, Health and Welfare at Work (General Application) (Ammendment) Regulations 2020

These Regulations amend the Safety, Health and Welfare at Work (General Application) Regulations 2007 (S.I. No. 299 of 2007) as previously amended by the Safety, Health and Welfare at Work (General Application) (Amendment) Regulations 2007 (S.I. No. 732 of 2007); the Safety, Health and Welfare at Work (General Application) (Amendment) Regulations 2010 (S.I. No. 176 of 2010); the Safety, Health and Welfare at Work (General Application) (Amendment) Regulations 2012 (S.I. No. 445 of

2012); the Safety, Health and Welfare at Work (General Application) (Amendment) Regulations 2016 (S.I. No. 36 of 2016); the Safety, Health and Welfare at Work (General Application) (Amendment) (No. 2) Regulations 2016 (S.I. No. 70 of 2016) and the Safety, Health and Welfare at Work (General Application) (Amendment) (No. 3) Regulations 2016 (S.I. No. 370 of 2016) in order to give effect to the provisions of Directive 2009/104/EC of the European Parliament and of the Council of 16 September 2009 concerning the minimum safety and health requirements for the use of work equipment by workers at work (codified version).

The Regulations along with the other Regulations listed above shall be cited together as the Safety, Health and Welfare at Work (General Application) Regulations 2007 to 2020.

The Regulations amend certain provisions in Chapter 2 Use of Work Equipment of Part 2 Workplace and Work Equipment of the General Application Regulations in order to facilitate the full transposition of the provisions of Directive 2009/104/EC. The Regulations amended are No.s 27, 32, 36, 38, 39, 41, 42, 43, 48, 50 52, and 55.

The Regulations shall come into operation on 1st April 2020.

New Publications

Managing Grey Fleet Information Sheet

This guidance from the Health and Safety Authority (HSA), An Garda Síochána and the Road Safety Authority will help you learn about the legal duties of employers and how to implement a safe systems approach to managing the risk associated with

driving for work in privately owned or privately leased vehicles, more commonly known as the grey fleet. Available from www.hsa.ie



Risk Assessment for Managing Ergonomic

Risks The is an abridged version of the "Managing Ergonomic Risk in the Workplace to Improve



Musculoskeletal Health" publication, published by the HSA in March 2019. Available from www.hsa.ie

Summary of Workplace Injury, Illness and Fatality Statistics 2017-2018

The HSA's annual Summary of Workplace Injury, Illness and Fatality Statistics

presents the most recently available statistics on occupational injury, illness and workplace fatalities in Ireland. Available from www.hsa.ie



The Medical Examination and Assessment of Divers at Work This document provides guidance and information on becoming a medical



The authors suggest measures that could reduce the risks of hairdressers developing MSDs and areas for future work. Available from osha.europa.eu



examiner of divers and the best practice standards for the medical examination, assessment and certification of divers. Available from www.hsa.ie

The musculoskeletal health of hairdressers

Article from EU-OSHA as part of their series looking at sectors with a high prevalence of musculoskeletal disorders (MSDs). The article reviews the evidence and concludes that several tasks and aspects of their work put hairdressers at significant risk of developing MSDs. Some have to leave the profession early because of the adverse effects of their work on their health.

LEGISLATION/PUBLICATIONS

Exposure to biological agents and related health problems/health effects

The EU-OSHA has published a series of discussion papers on the health effects of exposure to biological agents in the following sectors:

- Healthcare
- Waste management and wastewater treatment sectors
- Occupations the involve travelling and contact with
- travellers • Animalrelated occupations
- Arable farming Available from osha.europa.eu



Chemical Agents Code of Practice 2020

This Code of Practice is effective from January 17 2020 and replaces the 2018 Code of Practice for the Chemical Agents Regulations. The 2020 Code of Practice has been restructured to support both the Chemical Agents and Carcinogens Regulations, as amended. Schedule 1 now contains a list of all EU

Commission derived occupational exposures limit values (OELVs) and includes new Binding **OELVs** from three recent amendments



of the Carcinogens and Mutagens Directive. Schedule 2 contains a list of Advisory OELVs derived from non-EU sources. Schedule 3 lists intended changes, (including the 5th Indicative OELV list). Schedule 4 lists carcinogenic substances, mixtures and processes and Schedule 5 contains the CAS number index. Available to download from www.hsa.ie.

Fatal Workplace Injuries by Economic Sector 2009-2020 (NACE Revision 2)

	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
A - Agriculture + forestry and fishing	1+0+0	18+0+3	15+1+4	25+0+2	21+5	18+6	32+1	16+5	20+8	22+5	21+7	10+3
B - Mining and quarrying	0	0	0	1	2	0	2	1	1	1	2	
C - Manufacturing	0	4	2	0	2	3	3	1	0	2	2	1
${\bf D}$ - Electricity; gas, steam and air conditioning supply	0	0	0	0	0	0	1	1	0	0	0	0
E - Water supply, sewerage, waste management and remediation activities	0	2	2	1	1	3	0	1	4	3	2	0
F - Construction	0	11	5	6	10	11	6	11	8	6	6	11
G - Wholesale and retail trade; repair of motor vehicles and personal goods	1	1	2	3	2	3	5	3	3	2	4	2
H - Transportation and storage	0	6	8	5	1	3	3	4	1	7	3	6
I - Accommodation and food service activities	0	0	0	1	0	0	0	0	0	1	0	1
J - Information and communication	0	0	0	0	0	0	0	0	0	0	0	0
K - Financial and insurance activities	0	0	0	0	0	0	0	0	0	0	0	0
L - Real estate activities	0	0	0	0	0	0	0	0	0	0	0	0
${\bf M}$ - Professional, scientific and technical activities	0	0	0	0	0	0	1	1	1	2	0	1
${\bf N}$ - Administrative and support service activities	0	1	0	0	2	0	2	0	1	0	0	1
${\boldsymbol 0}$ - Public administration and defence; compulsory social security	0	0	0	5	0	4	1	0	0	1	0	2
P - Education	0	0	0	0	0	0	0	1	0	0	0	2
${\bf Q}$ - Human health and social work activities	0	0	0	0	1	2	0	0	1	1	1	1
R - Arts, entertainment and recreation	0	0	2	0	1	1	1	0	0	1	1	0
S - Other service activities	0	0	0	0	0	0	0	1	0	0	0	0
Total	2	46	39	48	48	56	55	47	48	54	48	43

(Source: HSA, correct at 23 January 2020. Note that some accidents may be under investigation and may not have been recorded yet.)

Upcoming Events

Please keep an eye on our website niso.ie for forthcoming courses in 2020.

1. Courses scheduled at NISO Training Centre, Ballymount, Dublin 12

Safe Pass

Venue: NISO Training Centre, Ballymount, Dublin 12 Dates: 29 January; 7, 14, 21 & 28 February

VDU/DSE Assessor Training (NISO Certificate) Duration: 1 day 18 February

Manual Handling Basic (NISO Certificate) Duration: half day 20 February

First Aid Response (PHECC Certificate) Duration: 3 days 24-26 March

First Aid Response Refresher (PHECC Certificate) Duration: 2 days 30-31 March

Safety Representation (NISO Certificate) Duration: 2 days 8-9 April

Manual Handling Instruction (QQI L6) Duration: 5 days (3 days week 1 / 2 days week 2) 5, 6, 7, & 11, 12 May

2. Courses and events in the regions

EAST REGION Course: NISO Certificate in Safety, Health and Welfare at Work NISO Training Centre, Dublin 12 Course length: 13 weeks/2 hrs p/wk Commencing: 18 February 2020 Contact: info@niso.ie

Safety Quiz Gresham Hotel, Dublin 1 19 March 2020

NISO Eastern Region AGM NISO Training Centre, Ballymount, Dublin 12 30 January 2020

Promoting Health and Wellbeing in the Workplace NISO Training Centre, Ballymount, Dublin 12 23 April 2020

MIDLAND REGION

Course: NISO Certificate in Safety, Health and Welfare at Work Athlone Institute of Technology Course length: 13 weeks/2 hrs p/wk Commencing: February 2020 Contact: sreidy@ait.ie

Safety Quiz Bridge House Hotel, Tullamore, Co. Offaly 11 March 2020

Promoting Health and Wellbeing in the Workplace Radisson Blu Hotel & Spa, Athlone, Co. Westmeath 19 May 2020

MID WEST REGION

Course: NISO Certificate in Safety, Health and Welfare at Work Limerick Institute of Technology Course length: 13 weeks/2 hrs p/wk Commencing: 28 January 2020 Contact: FLLimerick@lit.ie

Promoting Health and Wellbeing in the Workplace Radisson Blu Hotel & Spa, Limerick 1 April 2020

Safety Quiz Greenhills Hotel, Ennis Rd, Limerick 2 April 2020

NORTH EAST REGION

Safety Quiz Errigal House Hotel, Cootehill, Co. Cavan 5 March 2020

Promoting Health and Wellbeing in the Workplace Crowne Plaza Hotel, Dundalk, Co. Louth 19 March 2020

NORTH WEST REGION

Safety Quiz Clayton Hotel, Clarion Rd., Co. Sligo 12 March 2020

SOUTH REGION

NISO Southern Region AGM Radisson Blu Hotel, Little Island, Cork 4 February 2020

Safety Awards Workshop Radisson Blu Hotel, Little Island, Cork 4 February 2020

Course: NISO Certificate in Safety, Health and Welfare at Work Venue: CSN College of Further Education, Cork Course length: 13 weeks/2 hrs p/wk Commencing: 17 February 2020 Safety Quiz

Radisson Blu Hotel, Little Island, Cork 3 March 2020

Promoting Health and Wellbeing in the Workplace Radisson Blu Hotel & Spa, Little Island, Cork 6 May 2020

SOUTH EAST REGION

Course: NISO Certificate in Safety, Health and Welfare at Work Venue: Waterford Institute of Technology Course length: 13 weeks/2 hrs p/wk Commencing: 18 February 2020 Contact: info@niso.ie

Safety Quiz Viking Hotel Waterford, Waterford City 24 March 2020

WEST REGION

Course: NISO Certificate in Safety, Health and Welfare at Work Venue: GMIT Castlebar Campus Course length: 13 weeks/2 hrs p/wk Commencing: 18 February 2020 Contact: info@niso.ie

Safety Awards Workshop Oranmore Lodge Hotel, Oranmore, Co. Galway 13 February 2020

Safety Quiz Oranmore Lodge Hotel, Oranmore, Co. Galway 13 February 2020

3. National/All Ireland Events

NISO National Annual General Meeting Tullamore Court Hotel, Tullamore, Co. Offaly 25 April 2020

NISO/NISG All Ireland Quiz Finals Tullamore Court Hotel, Tullamore, Co. Offaly 25 April 2020

NISO Annual Conference and Trade Exhibition Great Southern Killarney, Town Centre, Killarney, Co. Kerry

9 October 2020

NISO/NISG Safety Awards Gala Dinner Great Southern Killarney, Town Centre, Killarney, Co. Kerry 9 October 2020

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